

Strength-based development

Course content

This course is about fostering individual talents and creating development paths that will benefit the learning and working culture of the team. Participants will learn about their own strengths and resources in a collective learning environment. We will discuss impulses develop strengths effectively and create habits around maximizing the potential of a high-performing team. The training will be highly interactive and includes many practical tools to integrate in participants' work and private lives.

Course objectives

- Explore the neuroscience of learning
- Develop your habits into strengths
- Finding the teams-strengths that match common goals and a positive working culture
- Understand and foster a growth mindset
- Creating habits to work on strengths continuously

Methodology

Neuroblitz offers science and drama-based trainings. All trainings are based on applied improvisation. Using our Cognitive Improvisation Method, we develop hands-on exercises and live simulations. Our seminars, workshops and learning journeys become well-remembered experiences through our interactive way of facilitating.

Target group

All interested business professionals and teams, who want to improve and develop based on their strengths, learn about strength assessment, strength categorization and how to create a personal development plan

Duration

4 hrs, 8 hrs as a solo-course or part of a longer learning journey e.g. weeks or months

Format

All formats (On-site, online or hybrid)